

What I learned about wetland plants!



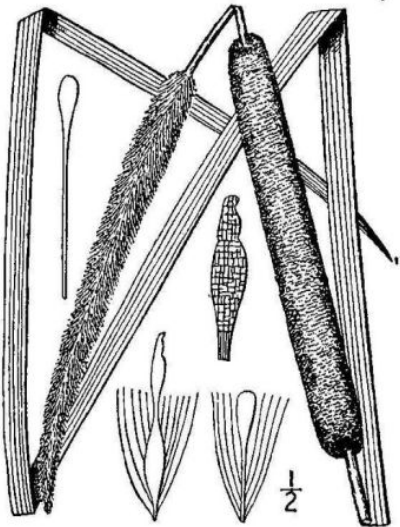
Arrow Leaf Coltsfoot

The ashes of coltsfoot leaves and stems have been used as a substitute for what food flavouring substance?

Salt

What parts of this plant are edible when roasted or boiled?

Leaves

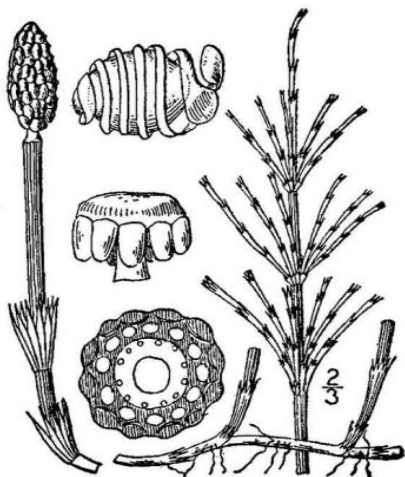


Cattail

The bases of the cattail leaves can be eaten as a fresh vegetable in the spring and early summer.

The rhizomes of this plant can also be eaten. What part of the plant is the “rhizome”? Hint: This part of the plant is underground.

Roots



Horsetail

Horsetails have the nickname “Scouring rush” because they contain a hard substance that makes them good for cleaning. What is the name of that substance? Hint: It begins with an “s”.

Silica

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Willow

Willow bark has been used as a medicine to treat fever and pain. What is the name of the medicine that can come from willow trees?

Aspirin

“Willows like to keep their feet wet”. What does that mean?

Willows love to grow near water